



# **Impact of a Peace and Healing Center**

**Central City Neighborhood Partners**

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# Central City Neighborhood Partners

**Mission: To advance economic opportunities of low-income families by fostering partnerships and supporting positive community change**

**Vision: All youth are healthy, ready to succeed academically and have financially secure families living in thriving communities**



# Words of Peace and Healing



There are a lot of moms who come

# Central City Neighborhood Partners

## Westlake Participants

- Average median income of **\$17,000** compared to the overall average for Westlake of \$32,375
- 95% are renters paying over 50+% of their income to housing costs
- BIPOC Communities: 94% Hispanic/Latinx, 3% Black, 2% White, and 1% Asian
- Limited green space and access to nutritious food and resources.



# Peace and Healing Center

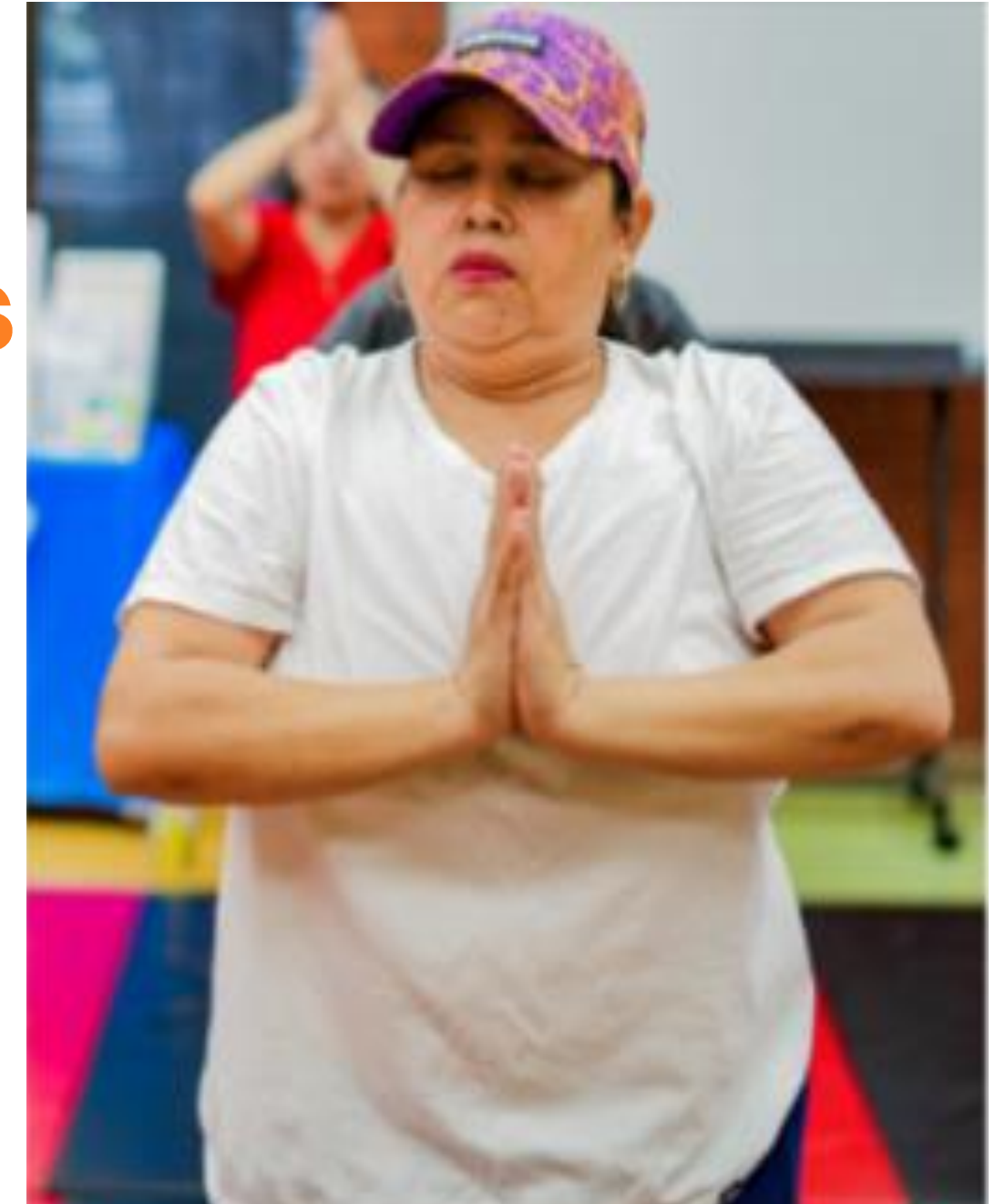
**January 2023 – September 2023**

**1,300: Cumulative Healing Hours**

**646: Intensively Engaged Participants**

**350: Total Activities**

**20,000: One-Time Participant Interactions**



# 228 Hours Dedicated to Social Healing



## YOGA

Intergenerational and interracial healing through guided yoga. Seen through Zumba as well



## FAMILY HEALING THROUGH ART

Monthly events focused on families coming together to create art in group setting with other families. Centered around uplifting diversity, pride in family composition.

### Building a Family Tree



## BAILANDO CON CCNP

Monthly dancing events focused on coming together to destress and dance the night away in community

*“I loved being able to connect with my mom and sister while making art” -Irene*

# 328 Hours Dedicated to Environmental Healing



## COMMUNITY WORKSHOPS

Weekly community workshops focusing on mental health, chronic diseases or other topics chosen by participants.



## THURSDAYS AT CCNP

Weekly nutrition classes and food distribution, providing access to education and nutritious food. Resource linkage to other CCNP programming



## 5th St. GARDEN

Weekly gardening activities that promote community green space development. Working collectively to update and maintain the space.

*“I am excited to come on Friday and clean the community garden and see how fresh it smells after watering the plants.”*

# Building Trust and Rapport

Peace and Healing Centers allow for the building of trust and human connection with Westlake residents. Through activities focused on celebrating our diversity, addressing our traumas, and connecting with nature, we are collective healing one day at a time.

***CCNP has been able to expand its reach and provide quality services and events.***

*A customer donated a Buddha picture frame to the Peace and Healing Center after receiving a tour. The customer said that he saw this picture frame and thought about the room and it was a perfect fit.*





# QUESTIONS? Connect With Us



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## Website

[www.laccnp.org](http://www.laccnp.org)

## Social Media



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