



▶▶ **LACDMH ARDI Division Strategies and Outcomes**

Prevention Division

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July 26, 2023

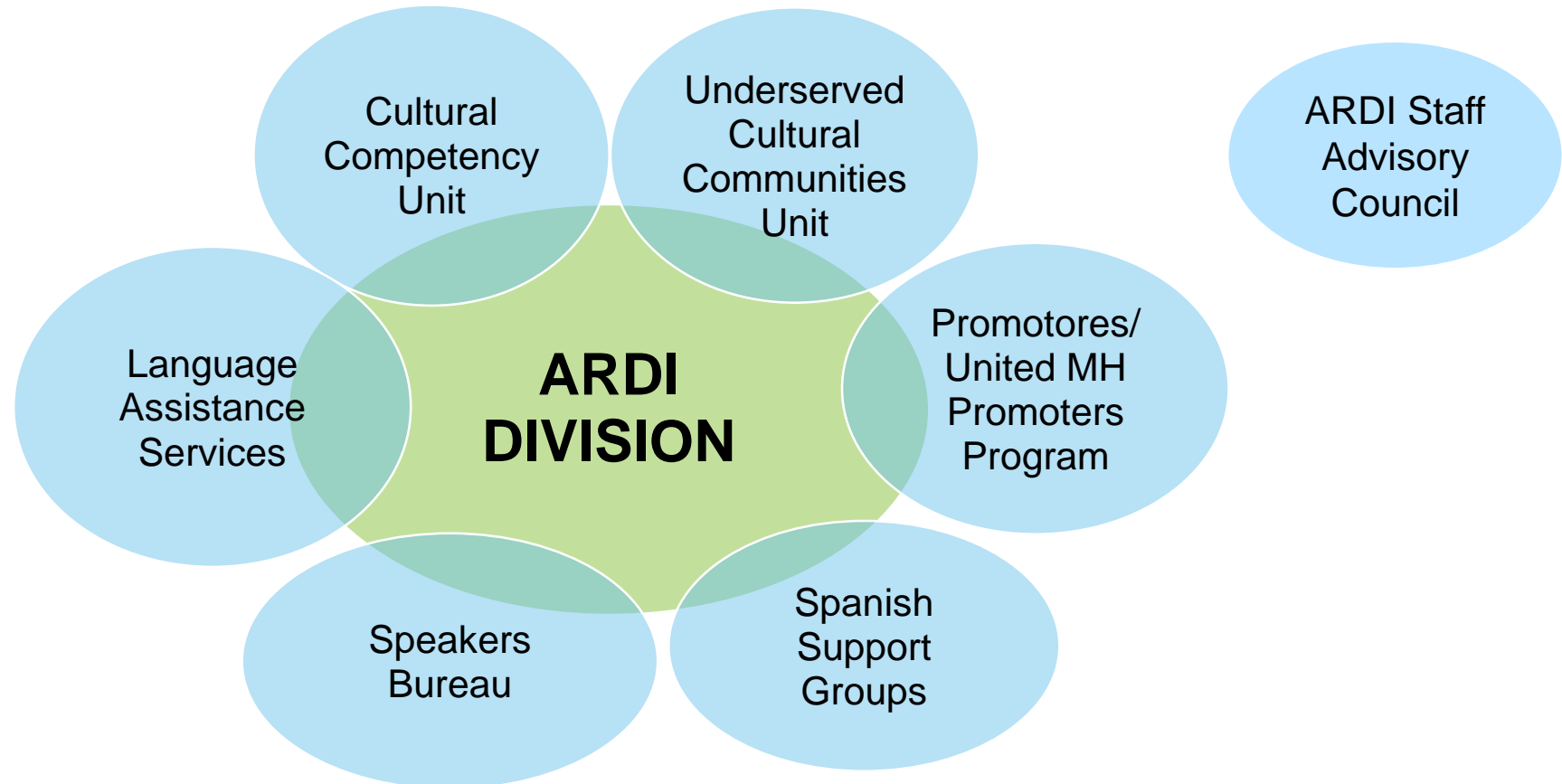


LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

▶▶ Presentation Content

- LAC/DMH - ARDI Division Overview
- ARDI Division Goals
- LACDMH Demographical Data
- ARDI Strategies to Reduce Mental Health Disparities
- Q&A

▶▶ ARDI Division Structure

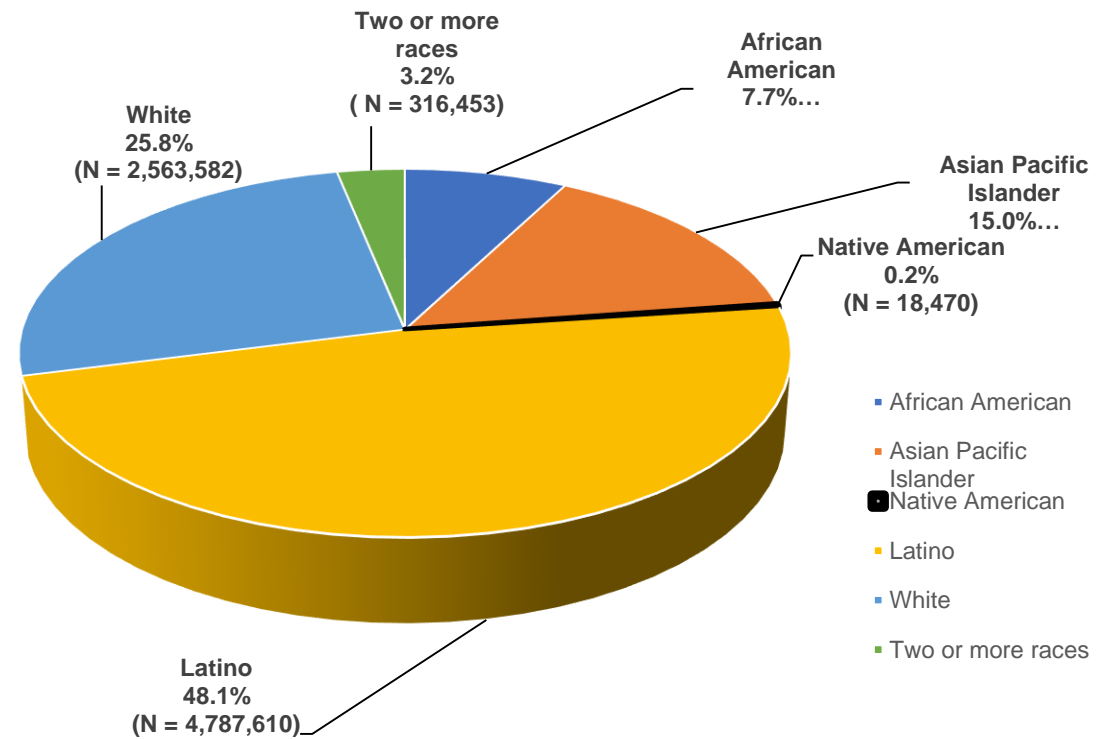


▶▶ ARDI Division Goals

- Combat racism in LACDMH's service delivery to serve our diverse communities.
- Uplift the cultural well-being of our diverse workforce.
- Create an inclusive workplace that reflects the community in which it operates.
- Create inclusive and equitable hiring, supervision, and professional advancement processes/procedures for our workforce.
- Promote a culture of inclusion, equity, and diversity that will guide all levels of the organization, from staffing practices, trainings, P&P, and our service delivery system.
- Increased partnerships and collaborations with other county departments, community-based organizations, and community stakeholder groups to combat racism.
- Increase executive management and leadership response to meet the needs of our diverse communities and workforce.

▶▶ LACDMH Disparities Data: LA County Demographics

**FIGURE 1: POPULATION BY RACE/ETHNICITY
CY 2021 (N = 9,944,923)**



▶▶ Dashboard Data: Primary Language by Service Area

One-year data through:

May 2023

as of:

July 2023

236,284

Distinct Clients

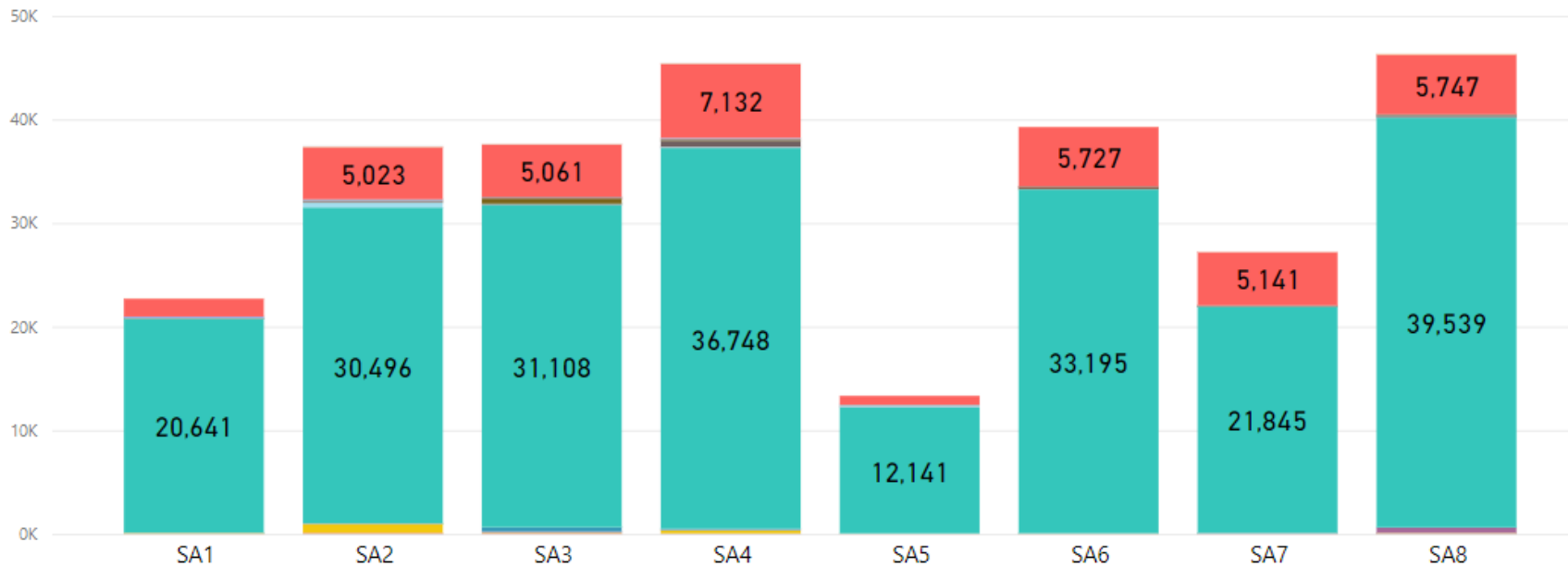
Select Service Area(s)

Multiple selections

CURRENT CLIENT DEMOGRAPHICS

SA1, SA2, SA3, SA4, SA5, SA6, SA7, SA8

Primary Language



Primary_lang	# of Clients	%
English	179,666	76.04%
Spanish	32,226	13.64%
Unknown / Not Reported	17,357	7.35%
Armenian	1,218	0.52%
Korean	786	0.33%
Farsi	688	0.29%
Cambodian	674	0.29%
Mandarin	629	0.27%
Cantonese	544	0.23%
Vietnamese	531	0.22%
Other	394	0.17%
Russian	368	0.16%
Tagalog	247	0.10%

Primary_lang ● Afghan, Pas... ● Afrikaans ● American ... ● Arabic ● Armenian ● Bengali ● Bulgarian ● Burman or ... ● Cambodian ● Cantonese ● Cebuano ● Creole ● Czech ● Danish ● Dutch ● English ▶

Total 236,284 100.00%

*A client may receive service in more than one Service Area

▶▶ Dashboard Data: Gender by Service Area



One-year data through:

May 2023

as of:

July 2023

236,284

Distinct Clients

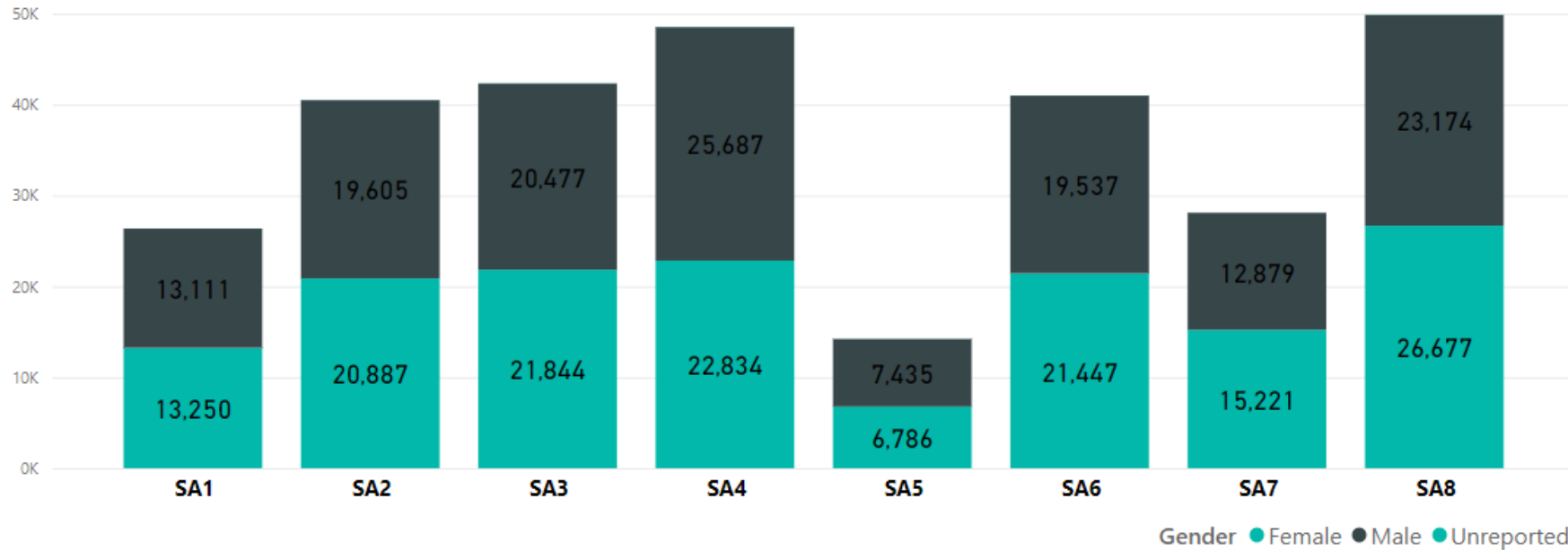
Select Service Area(s)

Multiple selections ▼

CURRENT CLIENT DEMOGRAPHICS

SA1, SA2, SA3, SA4, SA5, SA6, SA7, SA8

Gender



Gender	# of Clients	%
Female	124,568	52.7%
Male	111,633	47.2%
Unreported	97	0.0%
Total	236,284	100.0%

* LACDMH is in the process of modifying information systems to enable capture of a broader array of gender identity values (e.g., "non-binary").

**A client may receive service in more than one Service Area

▶▶ Dashboard Data: Age Group by Service Area

One-year data through:

May 2023

as of:

July 2023

236,284

Distinct Clients

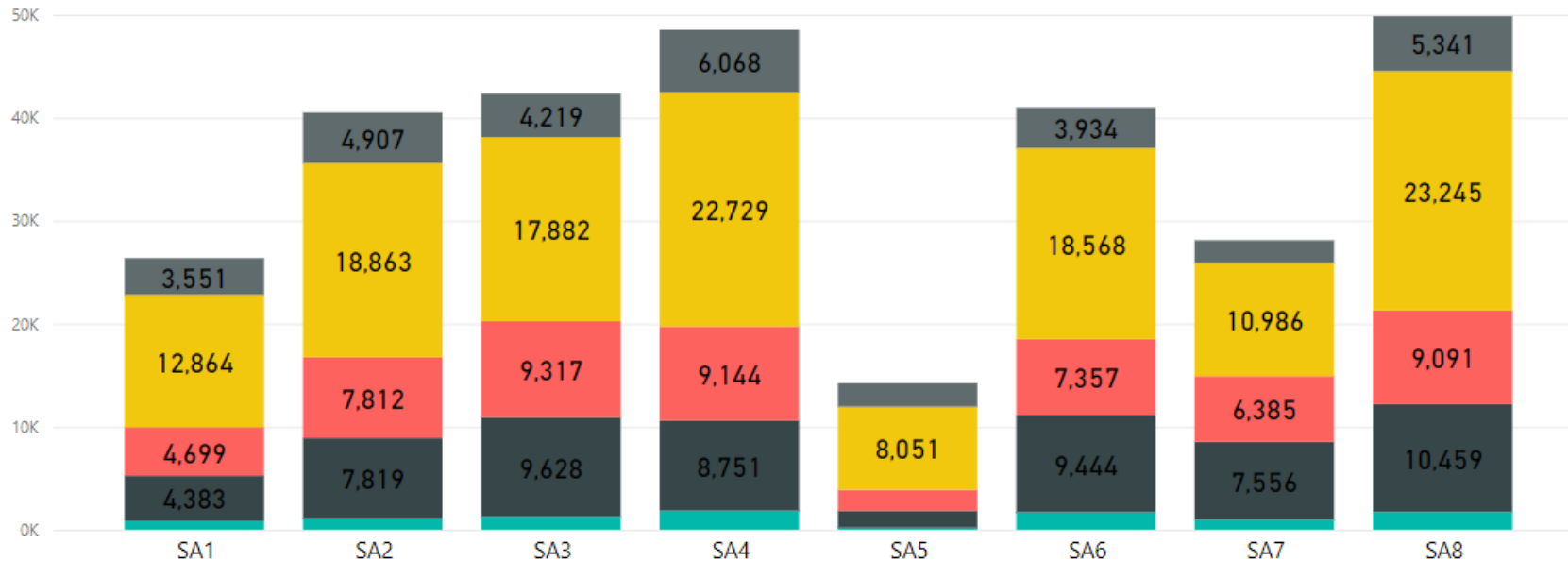
Select Service Area(s)

Multiple selections ▼

CURRENT CLIENT DEMOGRAPHICS

SA1, SA2, SA3, SA4, SA5, SA6, SA7, SA8

Current Age



Age Group	# of Clients	%
1. Age 0 to 5	8,757	3.7%
2. Child (Age 6-15)	51,810	21.9%
3. Transitional Age Youth (Age 16-25)	44,013	18.6%
4. Adult (Age 26-59)	103,458	43.8%
5. Older Adult (Age 60+)	28,213	11.9%
No Entry	35	0.0%
Total	236,284	100.0%

Age Group ● 1. Age 0 to 5 ● 2. Child (Age 6-15) ● 3. Transitional Age Youth (Age 16-25) ● 4. Adult (Age 26-59) ● 5. Older Adult (Age 60+)

*A client may receive service in more than one Service Area

▶▶ Dashboard Data: Child Diagnosis by Service Area

One-year data through:

May 2023

as of:

July 2023

75,718
Distinct Clients

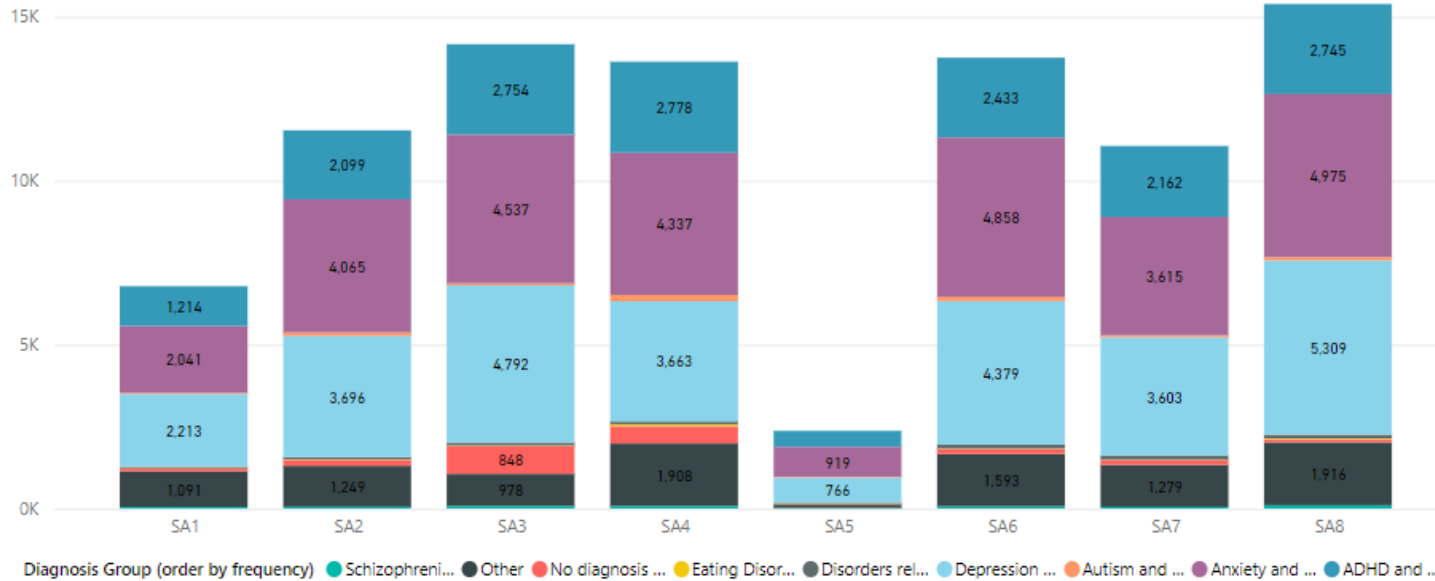
CURRENT CLIENT DEMOGRAPHICS

Select Service Area(s)

Multiple selections ▼

SA1, SA2, SA3, SA4, SA5, SA6, SA7, SA8

Current Primary Diagnosis (Age 17 and under)



DxGroup	# of Clients	%
Anxiety and stress related disorders (e.g., PTSD)	26,001	34.3%
Depression and other mood disorders (e.g., Bipolar Disorder)	22,180	29.3%
ADHD and other disorders often starting in childhood and adolescence	14,775	19.5%
Other	9,157	12.1%
No diagnosis recorded	2,001	2.6%
Autism and other developmental disorders (e.g., Expressive Language Disorder)	632	0.8%
Disorders related to persistent behaviors and personality	563	0.7%
Schizophrenia and other psychotic disorders	309	0.4%
Eating Disorder and other disorders related to physical factors	146	0.2%
Total	75,718	100.0%

*A client may receive service in more than one Service Area

▶▶ Dashboard Data: Adult Diagnosis by Service Area

One-year data through:

May 2023

as of:

July 2023

160,566

Distinct Clients

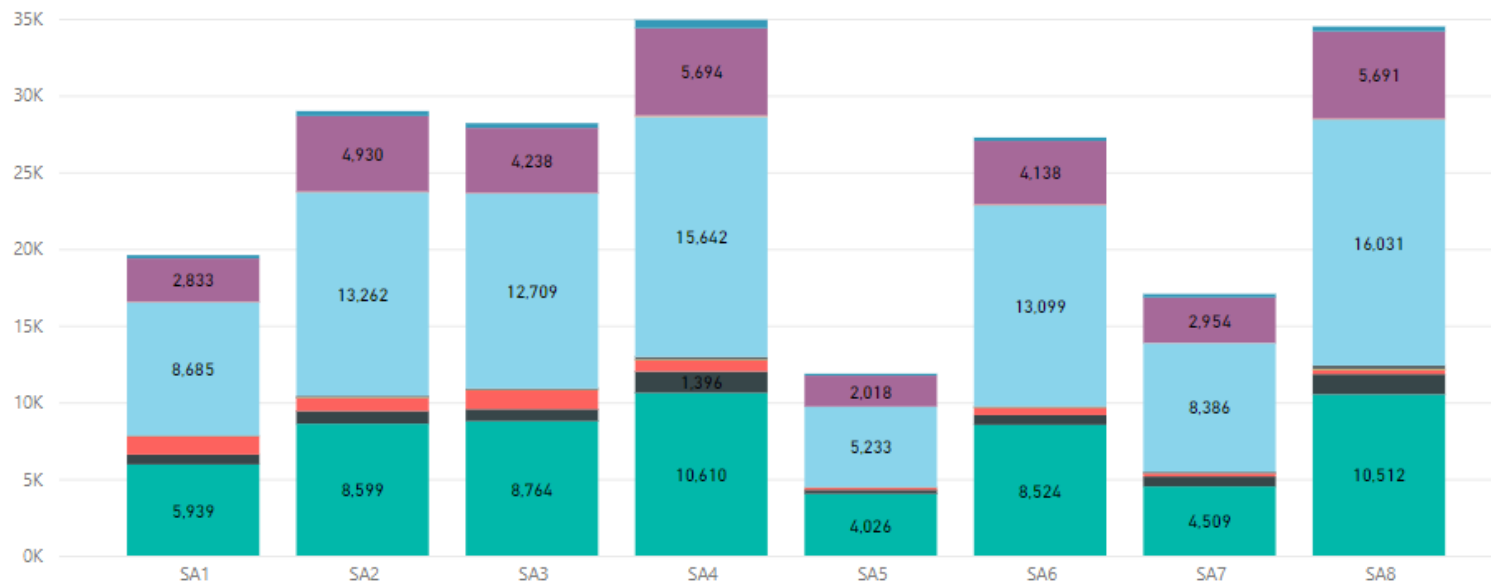
CURRENT CLIENT DEMOGRAPHICS

Select Service Area(s)

Multiple selections ▼

SA1, SA2, SA3, SA4, SA5, SA6, SA7, SA8

Current Primary Diagnosis (Age 18 and above)



DxGroup	# of Clients	%
Depression and other mood disorders (e.g., Bipolar Disorder)	77,669	48.4%
Schizophrenia and other psychotic disorders	40,671	25.3%
Anxiety and stress related disorders (e.g., PTSD)	29,434	18.3%
Other	5,055	3.1%
No diagnosis recorded	4,602	2.9%
ADHD and other disorders often starting in childhood and adolescence	1,937	1.2%
Disorders related to persistent behaviors and personality	828	0.5%
Autism and other developmental disorders (e.g., Expressive Language Disorder)	269	0.2%
Eating Disorder and other disorders related to physical factors	159	0.1%
Total	160,566	100.0%

Diagnosis Group (order by frequency) ● Schizophreni... ● Other ● No diagnosis ... ● Eating Disor... ● Disorders rel... ● Depression ... ● Autism and ... ● Anxiety and ... ● ADHD and ...

*A client may receive service in more than one Service Area

Estimated Population Living at or below 138% FPL by Race/Ethnicity and Service Area - CY 2021

Service Area (SA)	African American	Asian/Pacific Islander	Latino	Native American	White	Two or More Races	Total
SA 1	9,110	3,216	82,668	126	3,340	844	99,304
Percent	9.2%	3.2%	83.2%	0.13%	3.4%	0.8%	100.0%
SA 2	24,174	56,781	183,706	510	68,474	6,596	340,241
Percent	7.1%	16.7%	54.0%	0.20%	20.1%	1.9%	100.0%
SA 3	63,164	50,005	269,572	1,232	43,139	10,624	437,736
Percent	14.4%	11.4%	61.6%	0.28%	9.9%	2.4%	100.0%
SA 4	35,825	22,103	137,810	607	37,356	7,361	241,062
Percent	14.9%	9.1%	57.2%	0.25%	15.5%	3.1%	100.0%
SA 5	4,360	10,540	53,684	109	26,608	2,577	97,878
Percent	4.5%	10.8%	54.8%	0.11%	27.2%	2.6%	100.0%
SA 6	10,749	17,431	108,710	282	31,144	3,050	171,366
Percent	6.3%	10.2%	63.4%	0.16%	18.2%	1.8%	100.0%
SA 7	8,154	24,333.0	109,366	247	24,098	2,626	168,824
Percent	4.8%	14.4%	64.8%	0.15%	14.3%	1.6%	100.0%
SA 8	5,264	27,079	81,347	115	43,551	4,524	161,880
Percent	3.3%	16.7%	50.3%	0.07%	26.9%	2.8%	100.0%
Total	160,800	211,488	1,026,863	3,228	277,710	38,202	1,718,291
Percent	9.4%	12.3%	59.8%	0.19%	16.2%	2.2%	100.0%

Note: Some totals/percentages may not total 100% due to rounding. Bold values represent the highest and lowest percentages within each racial/ethnic group and across all SAs. Data Source: ACS, US Census Bureau and Hedderson Demographic Services, 2022. Tables prepared by CIOB, CIOB

►► Mental Health Disparities Based on Race/Ethnicity, FY 21-22

Estimated Unmet Need by Ethnicity					
Ethnicity	Medi-Cal Enrolled Population Estimated with SED & SMI		Consumers Served ¹⁰		Estimated Unmet Need by Ethnicity
	Count	Percentage	Count	Percentage	
African American	75,214	9.1%	26,386	21.1%	48,828
Asian/Pacific Islander	87,780	10.6%	5,994	4.8%	81,786
Latino	424,909	51.5%	45,003	35.9%	379,906
Native American	1,093	0.1%	827	0.7%	266
White	145,079	17.6%	20,503	16.4%	124,576
Unreported	91,213	11.1%	26,593	21.2%	64,620
Total	825,288	100.0%	125,306	100.0%	699,982

¹⁰Includes Medi-Cal and County General Fund (CGF) clients served in Short Doyle/Medi-Cal Facilities. Data Source: American Community Survey, US Census Bureau and Hedderson Demographic Services, 2022. Tables prepared by CIOB, CIOB/Data Management and Business Intelligence.

▶▶ Mental Health Disparities Based on Age-Group, FY 21-22

Estimated Unmet Need by Age-Group					
Age Group (Medi-Cal)	Medi-Cal Enrolled Population Estimated with SED & SMI		Consumers Served ¹⁰		Estimated Unmet Need by Age Group
0-18	333,600	37.8%	78,055	37.2%	255,545
19-44	342,687	38.8%	73,514	35.0%	269,173
45-64	149,756	17.0%	46,265	22.0%	103,491
65+	56,765	6.4%	12,171	5.8%	44,594
Total	882,808	100.0%	210,005	100.0%	672,803

¹⁰Includes Medi-Cal and County General Fund (CGF) clients served in Short Doyle/Medi-Cal Facilities. Data Source: American Community Survey, US Census Bureau and Hedderson Demographic Services, 2022. Tables prepared by CIOB, CIOB/Data Management and Business Intelligence.

▶▶ Mental Health Disparities Based on Threshold Language, FY 21-22

Estimated Unmet Need by Threshold Language					
Countywide	Medi-Cal Enrolled Population Estimated with SED & SMI		Consumers Served ¹⁰		Estimated Unmet Need by Threshold Language
English	466,545	59.3%	163,835	82.3%	302,710
Spanish	263,709	33.5%	29,229	14.7%	234,480
Armenian	15,066	1.9%	1,196	0.6%	13,870
Mandarin	9,363	1.2%	562	0.3%	8,801
Cantonese	7,962	1.0%	535	0.3%	7,427
Korean	6,535	0.8%	780	0.4%	5,755
Vietnamese	5,479	0.7%	543	0.3%	4,936
Farsi	2,807	0.4%	693	0.3%	2,114
Russian	3,280	0.4%	332	0.2%	2,948
Tagalog	1,736	0.2%	245	0.1%	1,491
Cambodian	1,581	0.2%	745	0.4%	836
Arabic	1,109	0.1%	155	0.1%	954
Other Non-English	958	0.1%	40	0.0%	918
Other Chinese	427	0.1%	103	0.1%	324
Total	786,558	100.0%	198,993	100.0%	587,565

¹⁰Includes Medi-Cal and County General Fund (CGF) clients served in Short Doyle/Medi-Cal Facilities. Data Source: American Community Survey, US Census Bureau and Hedderson Demographic Services, 2022. Tables prepared by CIOB, CIOB/Data Management and Business Intelligence.

▶▶ ARDI Division: Current Initiatives, Strategies, and Projects

Speakers Bureau:

- The SB operates as the departmental centralized public-speaking mechanism to serve the community and LACDMH programs during and beyond COVID-19, with approximately 75 licensed clinicians representing various departmental programs.
- SB members provide culturally and linguistically specialized presentations, trainings, public-facing speaking engagements, and media interviews on radio and television in ten languages.

UsCC and CC Units:

- Engage with DMH's internal stakeholder platforms, such as the UsCC subcommittees and CCC, to gather feedback on trainings and best practices recommendations to serve underserved and marginalized communities.
- Implements stakeholder-driven/cultural-specific capacity-building projects targeting the following cultural groups: AI/AN, API, Black/African American, individuals with disabilities (blind, deaf, hard-of-hearing, intellectual disabilities, etc.), EE/ME, LGBTQ+, and Latino.



▶▶ ARDI: Current Initiatives, Strategies, and Projects

LGBTQIA2-S Champion Network:

- The DMH LGBTQIA2-S Champion Network is a growing cohort of DMH administrative and clinical staff with meaningful experience, knowledge, and training in affirming clinical practice with LGBTQIA2-S communities.
- Collaborates with the DMH ARDI Division to promote responsive and sustainable systems change in order to ensure that DMH is an affirming and inclusive institution for consumers and employees of all genders and sexualities.
- Operates as a public-facing entity in order to increase the visibility of and access to affirming services for LGBTQIA2-S community members.
- Serves as an internal-facing community of DMH employees who can provide consultation, resources, and other support to County staff with questions, concerns, or related learning needs related to best practices with LGBTQIA2-S communities.

Spanish Support Groups:

- Facilitate Spanish support groups across our service areas to reduce mental health stigma, promote mental health services, and educate linguistically isolated community members.



▶▶ ARDI Current Initiatives, Strategies and Projects

United Mental Health Promotes/Promotores de Salud:

- Utilize our UMHP/Promotores de Salud as a cultural bridge and deliver culturally-driven community presentations to underserved communities with the goal to engage them in our service delivery and reduce disparities.

ARDI Staff Advisory Council:

- Advises executive management and provides feedback and recommendations to:
 - Identify trainings that will enhance the skills of our clinical staff so that they deliver culturally appropriate services to our diverse communities.
 - Identify trainings on how to be culturally responsive to each other and increase communication among the workforce
 - Training opportunities to enhance the well-being of our workforce using a cultural lens

▶▶ ARDI Strategies to Reduce Disparities among Underserved Communities

- Examples of LACDMH ARDI-Related Trainings
 - Addressing Racial Trauma in the African American Community
 - Stay Safe and Well: Navigating and Thriving in Uncertain and Tumultuous Times
 - Understanding & Addressing Racial Trauma in a Post-COVID Society
 - Working with People who are Black Indigenous People of Color (BIPOC) and LGBTQ+
 - Engaging the Muslim American Community
 - Fundamentals in Effective Work with LGBTQIA2S Youth in Juvenile Justice Settings
 - Improving Access to Gender Affirming Treatment: Writing Letters of Support for Transgender Clients
 - Racial Trauma in Cambodian Population and Implications for Clinical Work
 - Racial Trauma in LatinX Population and Implications for Clinical Work
 - Being Trauma and Healing Informed Toward the American Indian/Alaska Native Population
 - Serving the Grief and Bereavement Needs of Veterans

Q & A



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Thank you



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